Let’s try something new for the New Year. How about less “Wii” and more “We.”

Can we as a family unhook, disconnect, log off and shut down in order to personally relate with one another? It may be hard, but it’s definitely worth it. Let’s shed, at least for a while, our dependency on a high-tech lifestyle in place of personal interaction.

For the year of Twenty Thousand and Thirteen, can we get our kids to unplug for a few days and interact with the world around them? Certainly. Give them a break from the “virtual” world and play in the “actual” world. How many hours a day have we looked at the top of our children’s heads as they manipulated hand held consoles? Countless. It’s time to put some cocoa butter on their faces, make them go outside and create some snow angels.

Instead of playing video games that involve “black opting” the enemy or “grand thefting” an auto, send them outside to make a snowman, an igloo, a fort, throw some snowballs, make some money shoveling or something!

“GarageBand” is nice, but learning to play an instrument, going in a garage and really being a garage band is even better. Which is more fun, really rolling on the floor laughing out loud, or just texting ROTFLOL?

And speaking of texting, as parents, it’s time for us to go more low-tech and no-tech. How many of our children look up at us and see our foreheads lurching over our cell phones all day long? Grandma doesn’t want to “just” see the kids on Facebook, she wants to see them for real. And you so-called fathers and father figures, you are going to get the “SMDH @ U” if you don’t get your butts up off that couch playing Madden and go play catch with that boy. WTH?!

This is the true story of families who have become strangers, who live in a house together and spend their lives looking at screens. Let’s find out what happens when these people stop texting and start getting real – yep, the real world!